



# NOVEMBER 2024



SUN

MON

TUE

WED

THU

FRI

SAT

					1 TFS Mamas Support Group 10am-11:30am	2
3	4	5	6	7	8 TFS Mamas Support Group 10am-11:30am	9
10	11	12	13 Navigating Emotions During Pregnancy 10am-11:30am	14	15 TFS Mamas Support Group 10am-11:30am	16
17	18	19	20 Your 'New Normal' Support Group 10am-11:30am	21	22 TFS Mamas Support Group 10am-11:30am	23
24	25	26	27	28 	29 Closed in observation of the holiday	30