

Triangle Family Services
Mental Health Therapist

Job Description Position Title: Mental Health Therapist

Agency Program: Mental Health Services

Reports to: Director, Clinical Mental Health Services

FLSA Category: Exempt

Triangle Family Services (TFS) is a dynamic nonprofit human services agency with an 86-year history of serving families in crisis in Wake County and surrounding counties. Our life-changing programmatic work includes trauma-focused mental health services, domestic violence interventions, supervised visitation, housing stabilization services, homeless engagement, and financial counseling. (tfsnc.org) The ideal candidate will thrive in a fast-paced, team-oriented work environment with the ability to operate independently to achieve results. Fully licensed (LCSW) Spanish speaking mental health therapists are highly encouraged to apply.

Statement of Duties

- Provide diagnostic and psychotherapeutic services to child, adolescent and adult clients and families, including diagnostic evaluation, treatment planning, individual, family, youth, and maternal therapy, case management, and collateral contacts as appropriate.
- Maintain client caseload necessary to meet the minimum expectation of (25) clients contacts per week, which may include any combination of individual and family counseling for children, adolescents and adults; caseload may include working with child victims of sexual abuse or other trauma and their caregivers; assessment and treatment of youth who have engaged in problematic sexual behavior; mental health assessments and treatment for family safety program clients involved with the child welfare system and individuals involved with the justice system.
- Coordinate services and client care with juvenile justice system, child welfare system, courts, school system and other providers working with the client and their family. Facilitate referrals to other service providers as needed.
- Maintain written documentation required for compliance with services in accordance with accrediting bodies, provider contracts as well as agency standards and procedures in a timely manner using department tools to track workflow and client outcomes in compliance with funder requirements.
- Participate in agency QI program to include peer record review.
- Participate in rotation of clinicians attending community partner meetings and facilitation of parent support groups.
- Maintenance of licensure and requirements for renewal, including professional development and supervision as outlined by licensing board.
- Attend meetings and trainings as necessary for agency and program.
- Other duties as assigned appropriate to role.

Experience, Education, Skills, and Knowledge

- Master's degree in Social Work or an allied mental health field with license to practice in North Carolina.
- Thorough knowledge of mental health/illness, diagnosis using current DSM, and individual and group modalities is required.

- Thorough knowledge of and compliance with the code of ethics of his/her professional degree, as well as the cultural and socioeconomic characteristics of persons served, and an ongoing commitment to cultural humility and cultural competence.
- Experience working with one or more of the following strongly preferred: families impacted by child sexual abuse; Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); Cognitive Processing Therapy (CPT); Child-Parent Psychotherapy (CPP); evaluation and treatment of youth who have engaged in problematic sexual behavior (PSB-CBT).
- Excellent writing skills.
- Ability to conduct assessments and treatment in English and Spanish preferred.

This is a full-time 40 hours per week position with flexibility as agreed upon within agency guidelines. Salary will be commensurate with experience and includes a full benefits package.

TFS provides equal employment opportunities to all applicants and prohibits discrimination and harassment of any type without regard to race, color, religion, age, sex, national origin, disability status, genetics, protected veteran status, sexual orientation, gender identity or expression, or any other characteristic protected by federal, state, or local laws. Furthermore, **TFS identifies diversity as one of our core workplace values.**

TFS is a family-friendly workplace that offers flexible scheduling options and hybrid work arrangements during COVID-19. This position will function in a fast-paced environment that requires both independence and collaboration; **TFS identifies teamwork as one of our core workplace values.** Most TFS employees wear multiple hats and regularly encounter opportunities to expand their skills, knowledge, and reach. We take our commitment to our clients and our donors very seriously: we work hard. We also, however, find joy, hope and fun in our daily work activities and collegial interactions.

TFS has made the decision to require all employees to be fully vaccinated against COVID-19, where allowed by state or local law and where vaccine supply is readily available. The only exceptions to this requirement are employees who are approved for an accommodation for religious, medical, or disability-related reasons.

Please submit cover letter and resume to resume@tfsnc.org with the position title (Mental Health Therapist).