

TRIANGLE
FAMILY
SERVICES

ANNUAL REPORT

IMPACT DATA AND FINANCIALS
JULY 1, 2022 - JUNE 30, 2023



Triangle Family Services



Thank you for your time and commitment to supporting Triangle Family Services and being part of the solution.

Dear Supporters,

As we approach my one-year mark with the organization, I do so with a full heart and clear eyes, seeing our mission of strengthening families and OUR community fortified!

It has been quite the year, and we have accomplished a lot. This year's annual report shows you our impact by numbers and through success stories, but as you know, it takes a solid structure to make those numbers possible. My focus for this year and the year ahead is to continue building a foundation to support current and future strategic growth, meeting our community's new and existing multifaceted needs. The strategic planning board committee and I worked together to restructure and rebuild the senior leadership team, adding a Chief Financial Officer and Chief Development Officer. With an active and passionate board working alongside a robust Triangle Family Services (TFS) staff, we have the knowledge, determination, and grit to move TFS into a new chapter, serving our community strong for another 87 years!

There are so many successes that I can share here; however, there is one program of note, and that is our new partnership with Johnston County Public Schools, providing therapy for three schools in the County, a significant step towards early prevention that aims to provide essential support and foster resilience among youth.

I believe that through collaboration with schools, community engagement, and evidence-based practices, TFS's Empowering Resilience program aims to reduce the alarming statistics of youth suicide and promote and foster mental well-being among adolescents across North Carolina.

We have worked hard to shore up the foundation of the organization and ensure sustainability as we plan for the growth of our existing services and strategic expansion into new services and opportunities in 2024. Our work has only begun. We are excited about the expansion of our programs and services, and I am confident we will make even more strides to impact the families we serve and our community. Thank you for your commitment to Triangle Family Services.

With appreciation,

Lisa Lowe-Hall, President and CEO



STRENGTHENING FAMILY

Triangle Family Services



When someone has a crisis, rarely is there a singular need. It is as unique and complex as each of us. Eighty-seven years ago, when a citizens group started Triangle Family Services, it was to help families — meeting them where they were on their unique journey. Our mission remains the same today: **Building a stronger community by strengthening family.**





A YEAR OF IMPACT AT A GLANCE

Triangle Family Services



**Homelessness incurs significant costs to the city, averaging \$35,578 (a national average provided by Global Giving) per year for a chronically homeless individual. Our interventions mitigate these costs by reducing reliance on public services such as hospitals, jails, crisis services, and law enforcement.*

Thank YOU for helping us serve **1,333** families in crisis. Because of YOU, Triangle Family Services continues to make a difference in our community.



ELIZABETH'S STORY

Triangle Family Services

In the face of adversity, one single mom's bravery shone through. "Elizabeth" fled a life of domestic violence with seven children in tow. Our Street Outreach Program brought her hope and a connection to Triangle Family Services. TFS supported her through her journey of transformation.

Our programs provided the crucial support and resources she needed, including stable housing and counseling. Today, the winds of change have brought her and her children to a place of safety and stability, and they have a roof over their heads. The children now eagerly attend school, their potential ignited, while their mother forges a path to a brighter future through employment.

This success story is a beacon, illuminating the profound impact of outreach programs on families in crisis. It underscores the power of collective effort in creating a haven of security and a springboard for a fresh start.



July 1, 2022-July 30, 2023 Benefactors

\$50,000+ Ambassador

A.J. Fletcher Foundation
Blue Cross and Blue Shield of North Carolina
Ceres Foundation
Christ Episcopal Church
The Leon Levine Foundation
Wake County Board of Alcoholic Control
William R. Spruill

\$25,000 - \$50,000 Champion

4 Others Foundation
First Citizens Bank
SearStone/Lutheran Services Carolinas
The Seby B. Jones Family Foundation
Wells Fargo

\$10,000 - \$24,999 Partner

A.E. Finley Foundation
AmeriHealth Caritas
Bank of America
Bell Schaefer Family Foundation
Bob Barker Foundation
Capital One Services, LLC
Carolina Hurricanes
JT Hobby Jr. Endowment
Martin Marietta Materials, Inc.
Nancy A. Wright Foundation
Oak Foundation
SAFEchild
Temple Sloan Family Foundation
UNC Health
White Memorial Presbyterian Church

\$5,000 - \$9,999 Advocate

Cisco Systems, Inc.
Coastal Federal Credit Union
Cozart Foundation, Inc.
Cunningham Whittendale Charitable and Community Fund
Doug & Stefanie Kahn
Duke Raleigh Hospital
Duke University
Fifth Third Bank
Frank R. Lemanski
Highwoods Realty LP
Joan Siefert-Rose
Lorraine Johnson
Michael G. Sandman
Models for Charity
The Burlington Family Fund
The William C. Ethridge Foundation
Town of Cary
Workplace Options

\$1,000 - \$4,999 Supporter

Alice Lutz
Allison Cayton
Baker Roofing Company
Carolina Complete Health
Caroline Sullivan
Carolyn C. Maness
Cherry Bekaert LLP
Clancy & Theys Construction Company
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Kimberly D. Bartman
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Michael Sandman
Mike and Mary Patterson Family Fund
Newcomb and Company
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Pepsi Bottling Ventures
Prentiss and Joan Baker
Raleigh Kiwanis Foundation
Rebuild Fellowship
Rick Gurlinger
Rodriguez P. Webb
Shannon Dixon
Stephen Hess
Stephenson Family Fund
Tami Langton
The David and Donna Rhode Family Foundation
Todd & Laura Olson
Triangle Community Foundation
TriSure Corporation
Vaco
WakeMed
Wegmans
Willy Stewart
Winkler Family Foundation

Note to our supporters: we sincerely appreciate your generous support of Triangle Family Services, and we want to recognize everyone accordingly with 100% accuracy. If we have inadvertently made an error, please get in touch with us at 919.821.0790.



YOUR SUPPORT MATTERS

Triangle Family Services

YOUR DOLLARS AT WORK

\$70

Helps a child safely visit with their non-custodial parent(s) in our supervised visitation program

\$80

Covers a night in a hotel for those experiencing homelessness, so they can have a safe space while stable housing is secured

\$105

Covers the fee for a mental and behavioral health counseling session

\$570

Allows an individual to complete our 26-week psycho-educational violence intervention group

\$3,000

Provides the integrated services associated with transitioning a family into permanent housing

Your gift is a lifeline to a family in our community!
TO MAKE A DONATION, VISIT
TFSNC.ORG/DONATE

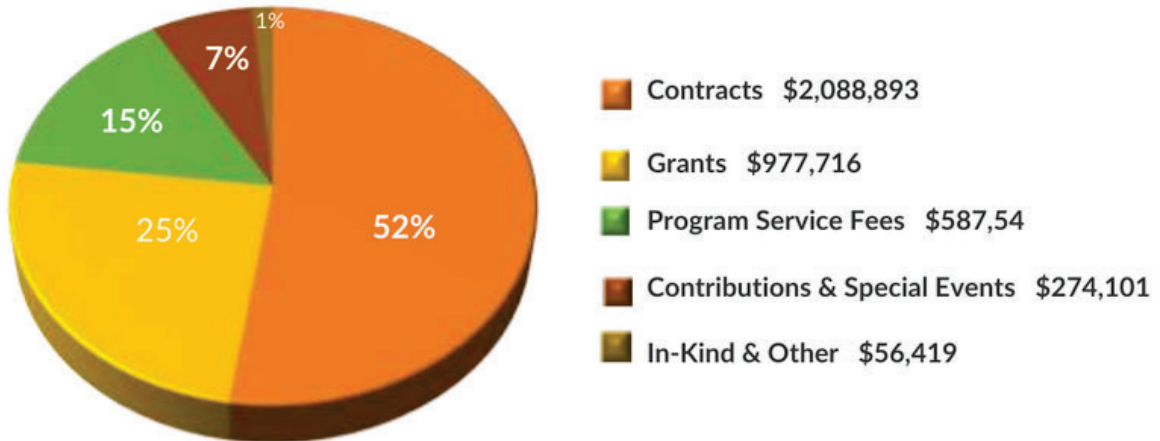




FINANCIALS

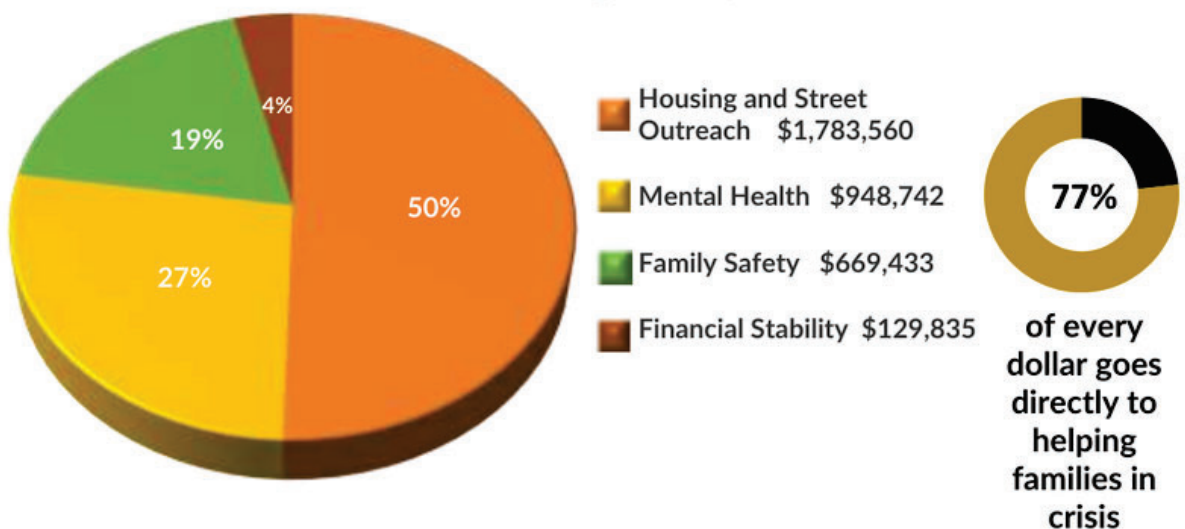
Triangle Family Services

Fiscal Year 2022-23 Income



Total Income **\$3,984,678**

Fiscal Year 2022-23 Program Expenses



Total Program Expenses **\$3,531,570**



Triangle Family Services

Our vision extends beyond the numbers. The 1,333 families we served weathered a crisis thanks to YOU. We aspire to deepen our impact by reaching more individuals and providing comprehensive and holistic care.

2024 Mental Health Expansion Plans:

- Serving MORE youth by expanding our Empowering Resilience program to serve the needs of our community.
- Expanding services to include maternal mental health and health services to serve the whole family.
- Growing our training program for Mental Health Professionals to build a pipeline of service providers for the community.



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