

# JULY 2024

SUN

MON

TUE

WED

THU

FRI

SAT



1

2

3

4

Closed in Observance  
of Independence Day

5

6

7

TFS Mamas Support  
Group  
12pm-1pm

8

Feeding Basic Class  
6pm-7pm

9

10

11

12

13

14

Your "New Normal"  
Class  
6pm-7pm

15

16

17

18

19

20

21

TFS Mamas Support  
Group  
12pm-1pm

22

Baby Basics  
6pm-7pm

23

24

25

26

27

28

TFS Mamas Support  
Group  
12pm-1pm

29

Welcome Home!  
6pm-7pm

30

31



Triangle Family Services

# AUGUST 2024

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## Triangle Family Services

4	5 TFS Mamas Support Group 12pm-1pm Feeding Basics Class 6pm-7pm	6	7	8	9	10
11	12 TFS Mamas Support Group 12pm-1pm Your 'New Normal' Class 6pm-7pm	13	14	15	16	17
18	19 TFS Mamas Support Group 12pm-1pm Baby Basics 6pm-7pm	20	21	22	23	24
25	26 TFS Mamas Support Group 12pm-1pm Welcome Home! 6pm-7pm	27	28	29	30	31